

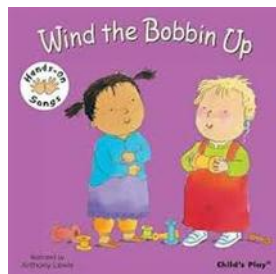
SYCAMORE ROOM

(3-4 year old room)

Weeks of 21st September & 28th September 2026

Our RHYME of the fortnight is: Wind the Bobbin up

Wind the bobbin up
Wind the bobbin up
Pull, pull, clap, clap, clap
Wind it back again
Wind it back again
Pull, pull, clap, clap, clap
Point to the ceiling
Point to the floor
Point to the window
Point to the door

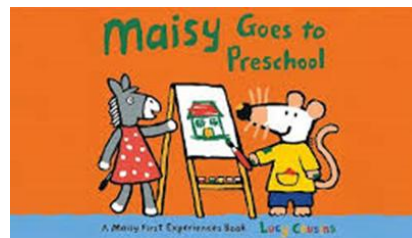


Clap your hands together, one, two, three
Put your hands upon your knee

What to do at home together:

- Play with the tempo of the song by singing either quickly or slowly.
- Act out the nursery rhyme together using actions or props
- Once familiar, experiment and play around with the words to make up your own rhyme
- Watch the story below and sing the rhyme together again after <https://www.youtube.com/watch?v=pDuaaEq7rk4>

Our BOOK of the fortnight is: Maisy goes to preschool by Lucy Cousins



This book supports transitions, building up an understanding about going to nursery, being in a learning environment, forming friendships and being separated from a parent carer. It will support children settling into nursery, getting used to the routine and rhythm of the day, and links to the things we do at nursery.

How to get the most out of reading to young children:

- Sit close together. You could encourage your child to hold the book themselves and turn the pages, too.
- Take a look at the pictures. You don't just have to read the words on the page. What might they tell us about the story before we read the words?
- Ask questions and talk about the book. What do they think will happen next? Why did a character act in a certain way? How are they feeling?
- Have fun! There's no right or wrong way to share a story - as long as you and your child are having fun. Don't be afraid to act out situations or use funny voices... your little ones will love it!

ELM ROOM

(2-3 year old room)

Weeks of 21st September & 28th September 2026

Our RHYME of the fortnight is: Twinkle Twinkle little star

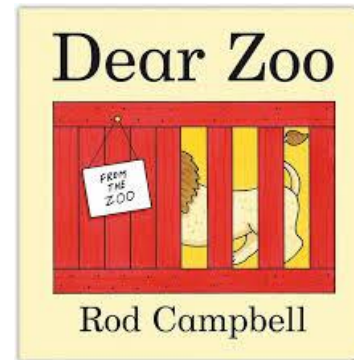
Twinkle Twinkle, Little Star
How I wonder what you are
Up above the world so high
Like a diamond in the sky
Twinkle Twinkle Little Star
How I wonder what you are!
Twinkle Twinkle, Little Star
How I wonder what you are
Up above the world so high
Like a diamond in the sky
Twinkle Twinkle Little Star
How I wonder what you are!



What to do at home together:

- Watching the video below, see if you can learn the Makaton signs to go along with the rhyme
- Maybe you could make a star out of materials in your home to help you when singing
- Watch the video below and sing the rhyme together
<https://www.youtube.com/watch?v=jQUTSfQB6w0>

Our BOOK of the fortnight is: Dear Zoo



The design of this book, with the repetition and lift-the-flaps supports naming animals, anticipating repeated phrases, and the introduction of adjectives.

e.g. tall, - which can prompt conversation and thinking, "Why wouldn't she fit in your house?"

How to get the most out of reading to young children:

- Be expressive!
- Picture books can be a great way to talk through your child's fears and worries, or to help them deal with their emotions. Give them space to talk, and ask how they feel about the situations in the story.
- Use props and toys to act out the story, either whilst you are reading it, or together afterwards

WILLOW ROOM

(Under 2's room)

Weeks of 21st September & 28th September 2026

Our RHYME of the fortnight is: Twinkle Twinkle little star

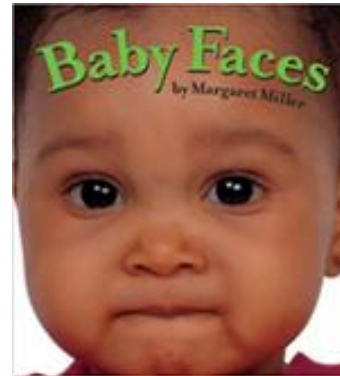
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How I wonder what you are
Up above the world so high
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Twinkle Twinkle Little Star
How I wonder what you are!



What to do at home together:

- Watching the video below, see if you can learn the Makaton signs to go along with the rhyme
- Maybe you could make a star out of materials in your home to help you when singing
- Watch the video below and sing the rhyme together
<https://www.youtube.com/watch?v=jQUTSfQB6w0>

Our BOOK of the fortnight is: Baby Faces by Margaret Miller

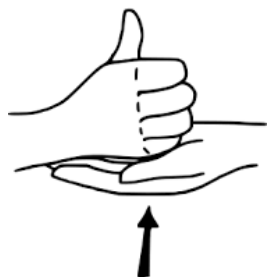


This book encourages babies and toddlers to imitate different facial expressions and observe different faces. We use mirrors alongside this book to encourage children to observe their own expressions.

How to get the most out of reading to young children:

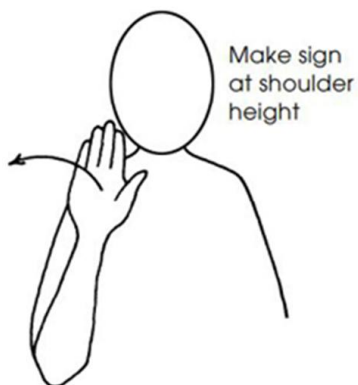
- Be expressive and show enjoyment
- Use facial expressions
- Emphasise key words
- Point to what you can see on the page

Our Makaton signs this fortnight are:



Help

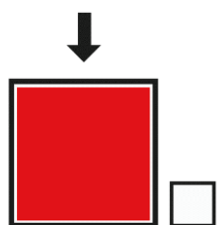
*Bring towards
chest to ask for
help e.g help me*



Hello/ Hi

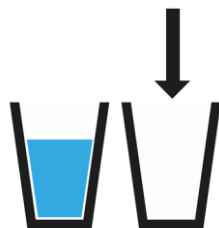
(Always remember to say the word as you sign)

Our Concept Cat signs this fortnight are:



Big

(Week 1)



Empty

(Week 2)

Our UNICEF Right of the fortnight is:



Article 24

Guarantees children the right to the best possible health, including access to quality healthcare, clean water, nutritious food, a healthy environment, and health education.

As the children settle and get to know the environment, we will talk about how we keep ourselves healthy by washing hands, singing the handwashing song, learning where we can find tissues to wipe our nose, etc. We will talk about our right to a healthy snack and where we can access milk and water.



180 Katie says:

- Make physical activity part of the daily routine at home and in early year's settings.
- Enjoy being physically active, have fun and encourage children to join in.
- Children with active parents and carers are more likely to be active.
- Remember to make your hearts go Boom Boom Boom.

Lots more early years health information, activities and recipes can be found on the Startwell website:

<https://startwellbirmingham.co.uk/>